

SOME ADVICE ABOUT SELF-RATING

The Self-Rate process is an honor-based system that eliminates what many of us older tennis players remember as the on-court verification process, where a USTA certified verifier observed on-court ability, and assigned a rating. The Self-Rate process permits players to enter league play without the inconvenience of scheduling an on-court verification, but also assumes that you will read the self-rate guidelines, and rate appropriately. Here is some guidance for any existing Self-rated players, and any new players:

- 1.** If you played any High School or College sports, excluding track/golf/wrestling/non-ball or other hand-eye coordination sports, you should not self-rate lower than a 3.0, regardless of age. Ask the AATL Local League Coordinator (LLC@AikenTennis.com), if you need clarification.
- 2.** If you played junior or high school tennis, while the system permits you to come in at 3.0, you really should come in at 3.5 to avoid disqualification, and even then, avoiding disqualification is not assured if you improve quickly. While the Singles and Combo leagues don't use the NTRP disqualification process based on match results, you will be susceptible to disqualification for future competition in leagues where dynamic ratings are calculated.
- 3.** If you play a substantial amount of recreational tennis, or are taking lessons and clinics regularly, 3.0 (or higher) is probably where you should start for league play.

If you have any questions related to the Self-Rate process, please feel free to contact the Local League Coordinator. If he I can't answer your question, he'll get the answer from the NTRP Rating "powers that be."